# LOS ANGELES COUNTY DEPARTMENTAL RECYCLING PROGRAM Newsletter

## **Do-It-Yourself (DIY) Cloth Face Covering**

In light of the COVID-19 pandemic, Los Angeles County Public Health asks all individuals over the age of 2 to wear a cloth face covering when in public for essential activities and follow issued <u>guidance</u> for wearing cloth face coverings. Children under the age of 2 (including infants) should not wear cloth face coverings and children between the ages of 2 and 8 should use face coverings under adult supervision. Wearing a face covering over your nose and mouth limits the spread of COVID-19 as individuals can be contagious before the onset of symptoms.

Face coverings can be made of cotton, silk, linen, or improvised from household items like scarfs, T-shirts, sweatshirts or towels. The diagram to the right depicts a no-sew method using a T-shirt.

To learn more about sew and no-sew cloth face covering methods, visit <u>https://www.cdc.gov/coronavirus/2019-ncov/</u>prevent-getting-sick/diy-cloth-face-coverings.html.

### **Reduce Junk Mail**

Is your junk mail piling up? Are you interested in only receiving certain ads? To put an end to junk mail for good or temporarily, contact mail preference management services listed online at

#### https://pw.lacounty.gov/epd/junkmail/reduce.cfm.

You can even download an app (PaperKarma) to your smartphone through the above link.

Take steps to end paper-based coupons, ads

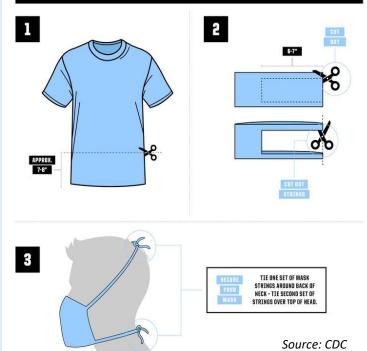
and credit offers. Find out more ways to do your part to keep LA County clean by visiting <u>CleanLA.com</u>.



Public Works

Second Quarter 2020 Roadmap to a Sustainable Waste Management Future

#### CDC-APPROVED MASK // NO-SEW METHOD



#### **Alternative Household Product Recipes**

Did you know a lot of common household cleaning products are toxic to our environment? These toxic cleaning products may cause immediate irritations and possible long-term health issues when use improperly. Using alternative cleansers is a safe way to keep things fresh and sanitary.

Public Works provides a <u>list</u> of alternative household product recipes using everyday non-toxic items you may already have in your pantry such as baking soda, vinegar and lemon juice. These homemade cleaning products are not only better



for our health but can also help save money and protect the environment. Making your own products cuts down on packaging waste and reduces the release of household chemicals. Check out the recipes by visiting https://pw.lacounty.gov/epd/hhw/alternative\_recipes.pdf.

